



## Jahrestagung der Wissenschaftlichen Fachgesellschaft für Künstlerische Therapien

21. & 22.10.2021 (ONLINE)

### „Künstlerische Therapien im digitalen Raum“

**Donnerstag, 21.10.2021**

#### **Prof. Petra Kern: „Digital Music Therapy: Challenges, Opportunities, and Clinical Examples“**

*Dr. Petra Kern, MT-BC, MTA, DMtG* is a consultant, global educator, researcher, and innovator. A University of Witten/Herdecke alumna and former President of the World Federation of Music Therapy, she currently serves on DEC's International Committee, as Editor-in-Chief of *imagine* and is the Scientific Committee Chair of the 2023 World Congress of Music Therapy.

Website Portfolio: <http://musictherapy.biz/drpetrakern/>

#### *Abstract*

During COVID-19, music therapy educators and students alike leaped into the digital world. While there were many challenges to overcome new opportunities emerged. In this presentation, you will gain insights from a US-based student survey and examples addressing aspects of online learning, telepractice, and

telesupervision that carry over to contemporary teaching and clinical training in music therapy. Let's leap together into today's digital world!

**Dr. Paula Lebre: „Introducing MARA-App as an assessment tool for CATs”**

*Paula Lebre (Phd)* in Human Kinetics, Rehabilitation

Auxiliary Professor at Faculty of Human Kinetics, Lisbon University, Portugal since 1994 at 1st 2nd cycle of Psychomotor rehabilitation, 3rd cycle on Human Kinetics and Education Researcher at Institute of Ethnomusicology and - Study center of Music and Dance - Inet-Md-Polo Dança

Erasmus coordinator for psychomotor rehabilitation

Involved in research projects in areas of mental health promotion, resilience, SEL (Promehs- Promoting Mental Health at Schools; Story Makers Project, Rescur - European resilience curriculum, Rescur in Action, Be ready-Life skills and career development helping young people progress into success, Enrete - Enhancing resilience through teachers training) and psychomotor assessment & intervention. Since 2018 involved in the MARA- Movement Assessment and Reporting App, trialling its use in community dance programs in Portugal; contributing to the development of the Outcomes *Framework*; and the development of an Excel tool for use of the Framework without an iPad,

## *Abstract*

Dance program leaders, including teachers, artists and therapists, are often challenged to articulate how participants are benefitted through their involvement in dance programs, and how their progress can be assessed. This challenge is particularly significant given the current need for evidence-based practice. This presentation aims to present the use of a digital tool, Mara app (Movement Assessment and Reporting App- Ipad and exel versions) developed to support planning, assessment and evaluation in dance movement therapy and creative arts therapists. It has been developed by DMT researcher Kim Dunphy and colleagues to facilitate planning and assessment expected to support therapists better than is possible with paper-based processes. This tool aims to support evidence-informed practice by enabling the creation and use of data about participants and to inform practice decisions offering a range of assessment modalities: quantitative, qualitative, media (photos, video, voice recording, conversion of voice to text and drawings with all of these options also available for participant self-assessment. The advantages and challenges of use of this app technology for assessment, and factors that enable and inhibit its take-up will be discussed.

**Freitag, 22.10.2021**

**Prof. Dr. Susana Pendzik: „Dramatherapy in the digital world - possibilities and limits from the experiences of the last two years”**

*Prof. Susana Pendzik (PhD., RDT)*, Former Head of the Drama Therapy Graduate Program at Tel Hai Academic College (Israel), lectures also at the Theatre Studies Department of the Hebrew University of Jerusalem, the Swiss Dramatherapy Institute, and in other institutions of higher education in Europe and Latin

America. She is the author of many publications in the field, has a private practice and conducts workshops worldwide.

*Abstract :*

This lecture reflects on the experience of “involuntary migration” of dramatherapists into “Digitaland” as a result of the Coronavirus pandemic, and the identity questions it raises. The reflection is anchored in interviews collected from 20 dramatherapists in clinical practice from around the world, as well as on my own observations as a teacher, practitioner and supervisor.

**Dr. Sharon W. Goodill: „Creative Arts Therapies in Europe and the US: A comparison”**

*Sherry W. Goodill, Ph.D., BC-DMT, NCC, LPC* is a Clinical Professor in the Department of Creative Arts Therapies at Drexel University, Philadelphia, USA, where she served as program director for the dance/movement therapy MA program and as department chair. She is currently on a visiting professorship at the SRH University, Heidelberg.

*Abstract:*

Intersecting trends in society, higher education, and health care have brought new priorities for Creative Arts Therapy (CAT) education to the forefront. Specifically, aspects of teaching and learning are moving into the digital space, and simultaneously there is a vital need to revise pedagogy and curricula towards more cultural responsiveness, inclusivity, and equity. The careers of students currently in training programs may well extend into the mid-21st century, which creates some urgency in relation to both. This presentation will explore how these two concurrent developments overlap, articulate challenges

presented by the intersection, and identify possible ways that the two essential change processes can potentiate each other.

**Prof. Dr. Christiane Ganter-Argast & Prof. Dr. Marc Schipper: „Digitale Kunsttherapie? Ein mixed media approach“**

*Prof. Dr. Marc Schipper*, Prof. Dr. rer. nat. habi. Psychologe, Neurowissenschaftler und Mediator. Nachdem er mehrere Jahre am Zentrum für Klinische Psychologie und Rehabilitation (ZKPR) der Universität Bremen tätig war folgte er 2018 einem Ruf auf die Professur für Psychologie und Neurowissenschaften an die HKS. Als Privatdozent ist er nach wie vor mit der Universität Bremen assoziiert. Seine wissenschaftlichen Schwerpunkte bilden die Konzeption und Durchführung bereichsübergreifender Forschungsprojekte von sowohl sozial- und entwicklungspsychologischer als auch neurokognitiver Natur. Gegenstände seiner Forschung sind unter anderem Vertrauen, Empathie und Emotionsregulation. Zahlreiche Publikationen in nationalen und internationalen Fachzeitschriften.

*Prof. Dr. Christiane Ganter-Argast*, Prof.in Dr. rer. soc. Dipl. Kunsttherapeutin und Dipl. Pädagogin. Seit 2005 am Universitätsklinikum Tübingen, Medizinische Klinik VI Abteilung für Psychosomatische Medizin und Psychotherapie. Seit 2018 Professur für Kunsttherapie an der HKS Ottersberg, seit 2020 Studiengangsleitung Kunst im Sozialen, Kunsttherapie. Veröffentlichungen zum Erleben der Kunsttherapiegruppe bei Essstörungen, Quantitative und qualitative Forschung in der Kunsttherapie, Bildungsprozesse in der Kunsttherapie, Kunsttherapie in und mit der Natur. Mitarbeit am Aufbau der digitalen Plattform *#digiarthe* (<https://digiarthe.net/>).

*Abstract : Arts, Minds & Media - KunstTherapie im digitalen Wandel*

Der digitale Wandel hat mittlerweile sämtliche Bereiche des gesellschaftlichen Lebens erreicht. So stehen auch digitale therapeutische Ansätze zunehmend im Diskurs. Die Untersuchung der Realisierbarkeit künstlerischer Therapien mittels digitaler Formate gewinnt an Relevanz, Strategien effektiver Transformation analoger in digitale Interventionsformate rückt in den Fokus der Forschung.

Nach einer kurzen definitiven Erörterung und Abgrenzung neuer Begrifflichkeiten wie „Digitale Kunsttherapie“ werden verschiedene aktuelle Ansätze und Projekte vorgestellt, deren Schwerpunkt in der Digitalisierung künstlerischer Therapien liegt. Erste Strategien zur Transformation vom Analogen ins Digitale werden aufgezeigt und kritisch betrachtet. Ein Bild des „aktuellen Standes“ digitaler Kunsttherapie wird generiert, das als Grundlage für eine abschließende Diskussion über die Chancen und Risiken sowie die Möglichkeiten und Grenzen digitaler, künstlerisch-therapeutischer Formate dient.